

## *Chapter 1*

### **VortexHealing® Divine Energy Healing**

VortexHealing is a divine gift for healing and awakening. When I first received this, in a rather wild, transcendent kind of experience, I thought it was simply an amazing new healing tool for me to use for my own self-healing and in my full-time healing practice. However, this egocentric idea was entirely wrong: I was there to birth it out into the world, to teach it, and to facilitate its growth and evolution. Although I began by using it for myself and my clients, that was just the starting point.

From the moment VortexHealing came into my life, it took on a life of its own. Its power and effectiveness quickly started to draw attention to itself, and soon there were many requests for me to teach it. Eventually I did, and before long I had to give up my personal healing practice, because I was teaching VortexHealing full-time, in many areas of the world. Starting with its first class, taught in Tucson, in 1995, it has grown into the various levels of classes it is today, taught worldwide by a dedicated group of certified teachers. It has evolved into not just an extraordinary healing art but also a modern-era path for spiritual awakening. I can't begin to express how blessed I feel to be part of this.

The magic of VortexHealing is best experienced first-hand to truly sense both its depth and its grace. Yet the closest we can come to that here is through the sharing of personal experiences. So, in lieu of being able to offer you a direct experience, I present lots of first-hand stories throughout the book, both my own and those of our students.

As you'll see, VortexHealing is quite unique. To really understand what it is and does, one has to look at the world through its eyes. So I'll start by sharing its own bigger picture.

#### **Healing and Awakening**

VortexHealing's point of view is that all of life is One (One Source, One Consciousness, One Divinity), expressing Itself as an amazing experience of creation. Yet because we have lost the awareness of that, our basic experience of life has become focused through the narrow lens of separation. We experience ourselves as a particular being, separate from everything else in creation and separate from the Universal Source of creation. This creates all kinds of issues and false identities, which over time (and lives) imprint and condition every level of our human system—our bodies, our minds, our emotions, and even our sense of spirituality. The web of this conditioning is incredibly, almost unimaginably deep. It exists on multi-dimensional levels, and it completely distorts our experience of being human. In addition to creating a myriad of emotional issues, it also creates blockages in our human energy system, which generate weakness and physical disease. All of this traps us in struggle and suffering. We get angry, we get anxious, we feel victimized, we feel lonely, we feel insecure, and/or we become overwhelmed by loss, by our job, or by our family. All of these experiences condition us in a way that strengthens our identity with these places, trapping us even more deeply within them, and deepening our experience of separateness. The intent of VortexHealing is to release this

conditioning on every level where it is found, returning the person to emotional balance and energetic strength so that health and happiness prevail.

However, the goal of VortexHealing is also much larger than this, because deeper healing requires a return to wholeness. Wholeness requires a return to the awareness of what we are, an awakening out of our root experience of separation and suffering into the experience of inner freedom that is at the heart of our being. So the divine Source of VortexHealing designed a system of healing to facilitate this kind of awakening. As a result, whether studying or receiving VortexHealing, a process is engaged—a kind of spiritual acceleration process—in which participants begin to awaken out of their conditioned, multi-dimensional webs of reality and identity. Although the healing tools of VortexHealing are designed to generate physical and emotional transformation (and I hope to demonstrate that they do so fantastically), on a deeper level they also engage a process with Divinity that facilitates the deepest movement of healing possible: an inner awakening to the freedom and oneness that is our true nature.

### **Healing Specific Conditions**

We tend to think of healing as a process that gets us well when we have a disease in our physical body. Because we live in a Western industrial culture, we tend to separate what is happening in our body from what is happening to us mentally, emotionally, and spiritually. Of course, there are a variety of situations in which this is true. For instance, someone is caught out in the rain, gets pneumonia, and takes an antibiotic that heals their disease. In this situation, we would say that the drug healed the pneumonia. But this kind of healing-by-drug applies to just a small percentage of issues for which we seek healing.

Consider how this simple example changes if the person is actually quite prone to lung infections. Now there is a chronic situation, but the drug has only treated the acute manifestation. Although the drug manages to clear the latest infection, it has not created true healing. True healing requires treating the pre-existing, chronic condition.

There are many reasons why a person may become prone to lung infections, but most will fall into one of two general categories: either the person has a constitutional weakness or there is an emotional basis that has weakened the body and its energy system in specific ways, making it more susceptible to disease. If the situation is due to constitutional weakness, then a healing modality that can treat constitutional weakness is needed. If the situation has an emotional root, then what is needed is a healing modality that can treat both the emotional basis and the way this has weakened the body's energy system. So to create good physical health, one would ideally use a healing modality such as VortexHealing that can treat both weak constitutional energy and underlying emotional issues.

Of course, physical disease is not the only thing people seek healing for. In the days when I had a healing practice (before I was teaching full-time), most of my clients sought healing to 'feel better'. They didn't have specific illnesses, but they weren't as happy or content as they knew they could be. Some of them were simply seeking relief from obvious, in-their-face emotional issues, such as anger, sadness, rejection, etc. Some of them were simply seeking a weekly energy 'tune-up', only to discover that a big part of what was throwing them out of harmony were background emotional issues that were not being addressed.

Healing our emotional issues, though, is not such an easy thing. Like an iceberg, only the surface of the issue is visible. The rest of the issue lurks in deeper parts of the psyche, supported by both conscious and unconscious identities, supported by past-life memory and ancestral history carried in the DNA. All of this is held on multi-dimensional levels and has conditioned

the body (also a multi-dimensional structure) to change in ways to help hold the issue in place. The issue will be imprinted into every aspect of the body's energy system. This cannot be healed without the whole of it being transformed.

That process involves working on all levels of the consciousness of the issue, as well as working with the complex patterns of body's energy system. For this, we have developed multi-dimensional maps of the psyche and the body's energy system. The maps enable us to work *comprehensively*: on the deepest roots of an issue, on all the other areas of the psyche that support the issue, and on all the levels of the issue in the body's energy system.

Yet there is a deeper level here. In addition to what is held in the body and the psyche, the core of every emotional issue is rooted in our basic experience of separation. Ultimately, that separateness needs to be transformed—by awakening it. However, for a healing modality to accomplish this, it must access a level of energy and consciousness that is already awake and free of separateness, with the power to penetrate to the root of the iceberg. It needs Divinity. Nothing else has the depth or power to do this.

This is why VortexHealing works solely with divine energy and consciousness. This is why it is not just a healing art but also an awakening path: the same divine power that is available for healing the separateness within one's issues can be used for even deeper healing—the awakening of separateness in the core of one's being. People often come to the idea of spiritual awakening through an emotional process of working on specific issues. At some point, they realize that there is a deeper kind of disturbance in their psyche, a certain kind of emptiness in their heart that is at the root of all their suffering. This leads them to seek something more. They become seekers of true spiritual awakening, and some of them find their way to the Divinity within VortexHealing for that, for awakening in this lifetime.

When we do healing on an emotional issue or an injury, this is our context. We are not simply fixing something that is stuck or broken; we are bringing the being back to wholeness, supporting their process of awakening to what they truly are.

### **VortexHealing® and Divine Expressions**

Our universe is rooted in mystery. Something came into being where before there was nothing. How that happens is pure mystery. We also call this “magic”. Not the illusionary magic of stage magicians or mentalists, of course, but true magic, which is the power of Divinity to manifest its own potentiality. This is the magic that brings creation into being, that can create miracles, and that you once believed in as a child. This is the magic that touches your heart and helps you to remember who you really are. VortexHealing is about this kind of magic—true magic, from the heart of Divinity, used for healing and inner transformation.

Divinity is completely transcendent—beyond all knowing and being. However, Divinity is capable of creating pure divine expressions out of Itself that can be manifested within creation. The idea of the Holy Trinity in Christianity embodies this concept: God is one and yet has unique expressions. In Hinduism, the various gods are really the various expressions of the One Unfathomable Reality, often referred to as Brahma. Both Christianity and Hinduism believe that one can relate to these expressions and interact with them as if they were beings. In Hinduism, such divine expressions are called avatars (a word that was co-opted by computer science to mean something very different). If Christians used this terminology, they would call Jesus an avatar, since they consider him the “son of God” and simultaneously not distinct from God. Every avatar expresses and embodies a unique quality of Divinity. VortexHealing was created by the divine expression that embodies the quality of transformational magic.

An important aspect of this divine, transformational magic is love. Divine love. (This connection between love and magic is often found in the lyrics of love songs.) Love is completely transformational, and it is the aspect of divinity that human consciousness most easily recognizes and responds to. VortexHealing bridges in this magical quality of divine love in a palpable way in all its healings.

VortexHealing is much more than a healing art. It is a complete transformational process, empowered by Divinity to work with this transformational magic and its expression as love. It brings divine energy and consciousness to anything in creation that needs it. In practice, this enables VortexHealing to work in a very powerful way on the body, the mind, the emotions, and the spiritual consciousness. It impacts all aspects of the body's energy system and transforms the deepest karmic issues we hold as human beings. Because what is being used is always sourced from divine energy and consciousness, the result is not just relaxation or the release of conditioning but the transformation and evolution of human consciousness, awakening it to its true nature.

### **The VortexHealing® Lineage is the Merlin Lineage**

VortexHealing was re-discovered in 1994, but it is part of a lineage that has been on Earth for over 2700 years. (A lineage occurs when a specific teaching is passed down through the generations.) The healing and transformational teachings of VortexHealing lineage are empowered by the divine avataric 'being' that brought it into existence. That avatar, that divine expression, refers to itself as "Merlin". This is not the human being named Merlin associated with King Arthur. That Merlin was one of the teachers of this lineage. Historically, if a VortexHealing teacher reached a certain level of oneness with the divine Source of the lineage, they took on the name Merlin as a title. I am the 13<sup>th</sup> Merlin in this lineage, and all the VortexHealing teachers living at this time hold this title.

The divine Source of this lineage is the original Merlin. Merlin-0, if you will. It is not coincidental that the name Merlin has always been associated with magic, because that is the nature of this lineage. It is a magical lineage, powered by Divinity, through an avatar that refers to itself as "Merlin". This is Divinity expressing itself as magical transformation. This is the Merlin lineage.

Most spiritual practices have spiritual evolution or awakening as their sole focus. Most healing practices have the teaching of healing as their sole focus. The Merlin lineage has always focused on both. Yet because of the tremendous power in this lineage, it also has other responsibilities. In addition to its focus on spiritual evolution and healing, it has always taken on a certain responsibility for the state of the planet as a whole, doing global healing, both for issues within humanity in general and for individual global conflicts. That kind of work is still done today by both the teachers and the students of the lineage. In fact, one of the healing tools taught in the second level class is specific for doing this kind of work. We use divine magic for global evolution.

In ancient times, Merlin manifested a huge 'divine package' of his energy and consciousness on Earth, with the intention for that package to be the foundation of the Merlin lineage here. In recent times, more of that package has been activated, enabling the Merlin lineage to evolve considerably from what it was in ancient times. The healing tools and the ability to facilitate spiritual awakening keep deepening and are a quantum jump from what they originally were. This is aligned with the acceleration of humanity as a whole: Merlin is making more power

available to support this acceleration, facilitating transformation on all levels, both individually and in the larger group field.

### **Channeling VortexHealing®**

VortexHealing is manifested by ‘channeling’ it either to oneself or someone else. This kind of channeling has nothing to do with trances or trance-like states. VortexHealers are fully conscious and in a normal state of mind, and are simply being a vehicle for divine energies and consciousness to pass through them for the sake of healing. Many energy-healing modalities channel some kind of energy. What makes VortexHealing unique and powerful is not the act of channeling but *what* we channel, *how deeply* into the receiver’s system we channel it, and the fact that the channeling is guided by divine intelligence.

In addition, this inner guidance enables the VortexHealer to simply intend to accomplish a particular task with the healing energy, and the divine intelligence within VortexHealing directs the healing to wherever it needs to go to facilitate that. Deep things can happen without the healer having any psychic ability whatsoever.

### **Why Would Someone Learn VortexHealing®?**

People come to VortexHealing for a variety of reasons. Regardless of the reason they start with, though, in one way or another it changes their life. Even if someone just takes the Basic/Foundational class, their energy system goes through a tremendous light-acceleration; they thin out their incarnational drama, they learn to meditate and dialogue with Divinity, and they learn an amazing energetic healing art that they can use on themselves or others, for physical or emotional issues.

For many, that is just the beginning. Some come to VortexHealing because they have seen what this has done, long-term, for their friends. They see how their friends, using VortexHealing, have transformed both emotionally and physically, becoming more centered, more grounded, and more whole. They see that these friends have grown into a deeper sense of inner freedom. Their friends have become less reactive to situations and have more inner space in which to enjoy life. There is a different level of light in their eyes.

Other people become interested in VortexHealing because they have become aware that it is a direct path to spiritual awakening and they want to experience that in this life.

Some people consciously sense the amount of Grace that is available to them in this lineage, and they take the class because they want that to be a part of their lives. And there are those who just want an opportunity to play with the magical divine energy that becomes available to them in VortexHealing.

Interestingly, most new students say they didn’t have a conscious reason for taking the class, but when they first heard about VortexHealing, something within them lit up and resonated, and they knew they needed to come. Any specifics they could sense were unconscious, but the call was strong enough to bring them to class.

Regardless of why people come to VortexHealing, that divine Grace is there for everyone. And it transforms their lives.